

## Help is at hand!

### Expert advice centres for victims of domestic violence

These organisations answer urgent questions such as:

- How am I supposed to move on?
- What legal action can I take for my own protection?
- What about our apartment?
- Am I risking my right of residence?

· **Advice centre / intervention agency**  
**Frauen helfen Frauen – Hochtaunuskreis e. V.**  
Oberhöchstadter Straße 3, 61440 Oberursel  
Phone: 0049 (0)6171 – 517 68  
beratungsstelle@frauenhaus-oberursel.de

· **LOTTE- AWO – advice centre for women affected by domestic violence**  
Kirdorfer Straße 90, 61350 Bad Homburg v.d.H.  
Phone: 0049 (0)6172 – 1370 993  
fh-beratungsstelle@awo-hs.org

On request, the members of the women's advice centre will also accompany you to court or to the police station.

· Diakonisches Werk Hochtaunus – **work with male offenders**  
Heuchelheimer Str. 20, 61348 Bad Homburg  
Phone: 0049 (0)6172 – 597 660

### Other support facilities

· **Hilfetelefon** – nationwide emergency hotline for women, 24 hours a day, 7 days a week, free of charge, interpreters available, Phone: 0049 (0)8000 116 016  
Online advice: [www.hilfetelefon.de](http://www.hilfetelefon.de)

· **pro familia Hochtaunus e.V.** Phone: 0049 (0)6172 – 749 51  
· **Weißer Ring** Phone: 0049 (0)6173 – 99 77 499  
· **Frauenbeauftragte** im Hochtaunuskreis – women's representatives

All advice centres are free of charge and will treat your case confidentially. Their services are still available to you if you speak little or no German and do not have a German passport.

## Your rights:

On 01 January 2002, the **German Protection Against Violence Act** came into force. This law strengthens both the rights of domestic violence victims as well as protection options, and ensures the criminal conviction of perpetrators.

Exercise your rights and apply for measures for your personal security at your local court. The court has the authority to assign your shared apartment to you alone, even if the perpetrator is registered as the sole tenant or owner. The law also protects you outside the apartment. In fact, the court may prohibit your partner from:

- being within a certain distance to you or the apartment,
- visiting places where you spend time on a regular basis, e. g. your workplace, school, kindergarten or recreational facilities,
- contacting you, e. g. via phone, email or text message.

These options are also possible when you are **being stalked** (threats, harassment or waylaying) by your ex-partner after a breakup.

It is highly recommended to get a lawyer. If you cannot settle the associated costs, you may apply for an advisory aid cheque for an initial consultation, or request legal aid for the lawsuit at your local court. In order to do so, you should have the following documents ready:

Passport / ID, income statement or ALG II certificate (certificate for recipients of unemployment benefits), lease agreement, bank statements for the past 3 months.

**Local courts / family courts within the Hochtaunuskreis district in Germany:**

#### Bad Homburg

Auf der Steinkaut 10 – 12  
Phone: 0049 (0)6172 – 405 0

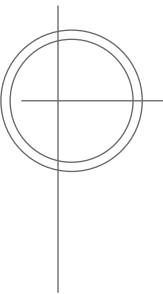
#### Königstein

Burgweg 9  
Phone: 0049 (0)6174 – 29 03 0

## The HIP working committee:

The "Intervention project against domestic violence" (Interventionsprojekt gegen häusliche Gewalt – HIP) working committee seeks to establish a network between all institutions within the Hochtaunuskreis district dealing with domestic violence, thus providing victims with the best possible assistance.

**We want to encourage you to take legal action for your own protection.**



**Phone: 0049 (0)6172 – 999 54 10**

In cooperation with and financially supported by the centre for women, seniors, disabled persons and healthcare (Leitstelle Frauen, Senioren, Behinderte und Krankenhilfe) of the Hochtaunuskreis.

**You should not have to accept threats and abuse.**

**For more information, please visit**

[www.frauenhaus-oberursel.de](http://www.frauenhaus-oberursel.de)



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# Escaping domestic violence



## Violence has many faces

- If you are being beaten, kicked, slapped in the face or choked, this is **physical violence!**
- If you are being raped and / or sexually assaulted, this is **sexual violence!**
- If you are being harassed over the phone, threatened, insulted, humiliated or “run down” in public, this is **psychological violence!**
- If you are being prevented from going to work or controlling your own money, this is **economic violence!**
- If you are being isolated or prevented from staying in touch with friends or other people, this is **social violence!**

## What can I do?

If you are in immediate danger, call the **police** on **110**. The police are there to protect you and may remove the perpetrator from the apartment.  
It is the duty of the police to report the offence and forward it to the district attorney.

- **Police station Bad Homburg – Phone: 0049 (0)6172 – 1200**
- **Police station Oberursel – Phone: 0049 (0)6171 – 62400**
- **Police station Königstein – Phone: 0049 (0)6174 – 926 60**
- **Police station Usingen – Phone: 0049 (0)6081 – 920 80**

If you have suffered physical injuries, consult a **doctor** and request a medical certificate of your injuries.  
Take notes of your partner’s threats and violent behaviour, and write down the names and addresses of potential witnesses.

## Moving into a women’s shelter is possible at any time of the day

Contact a women’s shelter if you feel threatened or frightened in your apartment or if you are in need of intensive support. **Women’s shelters** protect and care for you and your children at any time of the day. The police offer support with moving into a women’s shelter.  
Remember to take **important documents** with you if possible (passport, health insurance card, birth and marriage certificate, working papers, certificates). Please also remember to take clothes as well as school supplies and toys for your kids with you.

### Women’s shelters within Hochtaunuskreis

- **Women’s shelter Oberursel**  
Phone: 0049 (0)6171 – 516 00  
Phone: 0049 (0)6171 – 58 08 04 (office)
- **AWO – women’s shelter Bad Homburg v. d. Höhe**  
Phone: 0049 (0)6172 – 967 400

## Children and domestic violence Children are also affected and in need of protection

Youth welfare offices offer support and advice on how to protect your children.

- **Department for social services / Hochtaunuskreis (youth welfare office)**  
Phone: 0049 (0)6172 – 999 0  
In cases of emergency (outside of regular office hours), the police will contact the youth welfare office for you.
- **Department for social and youth-related matters of the City of Bad Homburg v. d. Höhe**  
Phone: 0049 (0)6172 – 100 0
- **Advice centre for parents, children and adolescents of Hochtaunuskreis**  
Phone: 0049 (0)6172 – 999 3900
- **Advice centre for parents, children and adolescents of the City of Bad Homburg v. d. Höhe**  
Phone: 0049 (0)6172 – 291 09
- **Medical child protection ambulance of the Frankfurt University Hospital**  
Phone: 0049 (0)69 – 6301 5249 (trained doctors available 24 hours a day, 7 days a week)

! **NOTHING  
justifies  
domestic  
violence**

