Help is at hand!

Expert advice centres for victims of domestic violence

These organisations answer urgent questions such as:

- · How am I supposed to move on?
- · What legal action can I take for my own protection?
- · What about our apartment?
- · Am I risking my right of residence?
- Advice centre / intervention agency
 Frauen helfen Frauen Hochtaunuskreis e. V.
 Oberhöchstadter Straße 3, 61440 Oberursel
 Phone: 0049 (0)6171 517 68
 beratungsstelle@frauenhaus-oberursel.de
- AWO advice centre for women affected by domestic violence Oberste Gärten 53, 61350 Bad Homburg v.d.H.

Phone: 0049 (0)6172 – 1370 993 fh-beratungsstelle@awo-hs.org

On request, the members of the women's advice centre will also accompany you to court or to the police station.

· Diakonisches Werk Hochtaunus — work with male offenders Heuchelheimer Str. 20, 61348 Bad Homburg Phone: 0049 (0)6172 — 308803

Other support facilities

- Hilfetelefon nationwide emergency hotline for women, 24 hours a day, 7 days a week, free of charge, interpreters available, Phone: 0049 (0)8000 116 106
 Online advice: www.hilfetelefon.de
- **pro familia Hochtaunus e.V.** Phone: 0049 (0)6172 749 51
- **Weißer Ring** Phone: 0049 (0)6173 99 77 499
- **Frauenbeauftragte** im Hochtaunuskreis women's representatives

All advice centres are free of charge and will treat your case confidentially. Their services are still available to you if you speak little or no German and do not have a German passport.

Your rights:

On 01 January 2002, the **German Protection Against Violence Act** came into force. This law strengthens both the rights of domestic violence victims as well as protection options, and ensures the criminal conviction of perpetrators.

Exercise your rights and apply for measures for your personal security at your local court. The court has the authority to assign your shared apartment to you alone, even if the perpetrator is registered as the sole tenant or owner. The law also protects you outside the apartment. In fact, the court may prohibit your partner from:

- · being within a certain distance to you or the apartment,
- · visiting places where you spend time on a regular basis, e. g. your workplace, school, kindergarten or recreational facilities,
- · contacting you, e. g. via phone, email or text message.

These options are also possible when you are **being stalked** (threats, harassment or waylaying) by your ex-partner after a breakup.

It is highly recommended to get a lawyer. If you cannot settle the associated costs, you may apply for an advisory aid cheque for an initial consultation, or request legal aid for the lawsuit at your local court. In order to do so, you should have the following documents ready:

Passport / ID, income statement or ALG II certificate (certificate for recipients of unemployment benefits), lease agreement, bank statements for the past 3 months.

Local courts / family courts within the Hochtaunuskreis district in Germany:

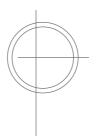
Bad Homburg Königstein Auf der Steinkaut 10 – 12 Burgweg 9

Phone: 0049 (0)6172 – 405 0 Phone: 0049 (0)6174 – 29 03 0

The HIP working committee:

The "Intervention project against domestic violence" (Interventionsprojekt gegen häusliche Gewalt — HIP) working committee seeks to establish a network between all institutions within the Hochtaunuskreis district dealing with domestic violence, thus providing victims with the best possible assistance.

We want to encourage you to take legal action for your own protection.



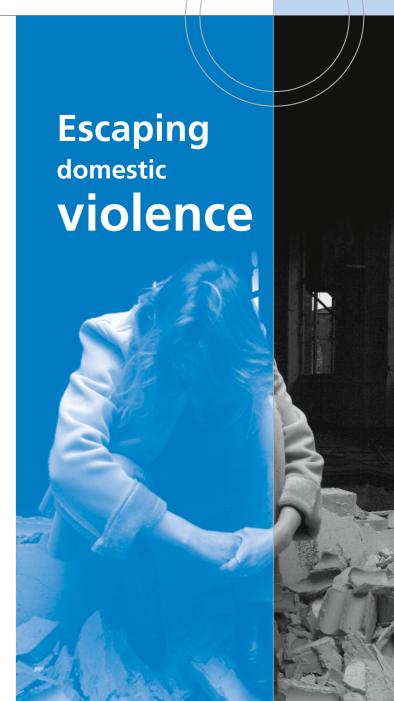
You should not have to accept threats and abuse.



Phone: 0049 (0)6172 - 999 54 10

In cooperation with and financially supported by the centre for women, seniors, disabled persons and healthcare (Leitstelle Frauen, Senioren, Behinderte und Krankenhilfe) of the Hochtaunuskreis.

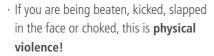
For more information,
please visit
www.frauenhaus-oberursel.de



Violence has many faces

What can I do?

Children and domestic violence
Children are also affected and in need of protection



- If you are being raped and / or sexually assaulted, this is sexual violence!
- If you are being harassed over the phone, threatened, insulted, humiliated or "run down" in public, this is psychological violence!
- If you are being prevented from going to work or controlling your own money, this is economic violence!
- If you are being isolated or prevented from staying in touch with friends or other people, this is social violence!

If you are in immediate danger, call the **police** on **110.** The police are there to protect you and may remove the perpetrator from the apartment.

It is the duty of the police to report the offence and forward it to the district attorney.

- · Police station Bad Homburg Phone: 0049 (0)6172 1200
- · Police station Oberursel Phone: 0049 (0)6171 62400
- · Police station Königstein Phone: 0049 (0)6174 926 60
- · Police station Usingen Phone: 0049 (0)6081 920 80

If you have suffered physical injuries, consult a **doctor** and request a medical certificate of your injuries.

Take notes of your partner's threats and violent behaviour, and write down the names and addresses of potential witnesses.

Contact a women's shelter if you feel threatened or frightened in your apartment or if you are in need of intensive support. **Women's shelters** protect and care for you and your children at any time of the day. The police offer support with moving into a women's shelter.

Moving into a women's shelter

is possible at any time of the day

Remember to take **important documents** with you if possible (passport, health insurance card, birth and marriage certificate, working papers, certificates). Please also remember to take clothes as well as school supplies and toys for your kids with you.

Women's shelters within Hochtaunuskreis

· Women's shelter Oberursel

Phone: 0049 (0)6171 - 516 00

Phone: 0049 (0)6171 - 58 08 04 (office)

· AWO – women's shelter Bad Homburg v. d. Höhe

Phone: 0049 (0)6172 - 967 400

Youth welfare offices offer support and advice on how to protect your children.

 Department for social services / Hochtaunuskreis (youth welfare office)

Phone: 0049 (0)6172 – 999 0 In cases of emergency (outside of regular office hours), the

police will contact the youth welfare office for you.

 Department for social and youth-related matters of the City of Bad Homburg v. d. Höhe

Phone: 0049 (0)6172 - 100 0

 Advice centre for parents, children and adolescents of Hochtaunuskreis

Phone: 0049 (0)6172 – 66 47 91

 \cdot Advice centre for parents, children and adolescents of the City of Bad Homburg v. d. Höhe

Phone: 0049 (0)6172 - 291 09

 Medical child protection ambulance of the Frankfurt University Hospital

Phone: 0049 (0)69 – 6301 5249 (trained doctors available 24 hours a day, 7 days a week)

NOTHING justifies domestic violence



